

PE LTP 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	WU: clapping and stamping to music. Introduction to movement play	Negotiating spaces	Introduction to throwing and catching	Introducing to sending a ball in different ways	Athletics- sports day practice	Introduction to cycling and peddling
Kindergarten	Finding spaces and intro to core skills	Yoga and abdominal strength	Developing throwing and catching	Developing sending balls in different ways	Athletics Sports Day Practice	Cycling and Peddling Practise
Reception	Intro to Hockey skills	Introduction to Gymnastics & Dance	Introduction to Basketball skills	Introduction to Tennis skills	Introduction to Athletics Track skills	Introduction to Cricket skills
Year 1	Hockey Dance and performing Arts	Gymnastics Dance and performing Arts	Basketball Dance and performing Arts	Tennis Dance and performing Arts	Athletics	Cricket
Year 2	Hockey Dance and performing Arts	Gymnastics Dance and performing Arts	Basketball Dance and performing Arts	Tennis Dance and performing Arts	Athletics	Cricket
Year 3	Hockey Netball	Circuits Lacrosse	Orienteering Basketball	Tennis Dogdeball	Athletics Field Cricket	Cricket Dodgeball
Year 4	Hockey Tag Rugby	Circuits Netball	Orienteering Lacrosse	Tennis Handball	Athletics Field Athletics track	Cricket Rounders
Year 5	Hockey Lacrosse	Circuits Dodgeball	Orienteering Netball	Tennis Basketball	Athletics Field Dodgeball	Cricket Athletics field
Year 6	Hockey Football	Circuits Tag Rugby	Orienteering Handball	Tennis Netball	Athletics Field Rounders	Cricket Athletics track