FOREST PREPARATORY SCHOOL

ANIMO ET FIDE

Kindergarten Newsletter 21st November 2025
Autumn 2 Topic - Food and Festivals

Personal, Social and Emotional Development

This week, we have continued exploring 'healthy' and 'unhealthy' food choices. The children have been learning about the different types of food they need to fuel their bodies, talking about the 5 food groups and making an 'I can eat a rainbow' craft activity. On Friday we further spoke about how to make good choices while making pitta pizzas.

Literacy, Communication and Language

In our phonics this week, the children have continued focusing on initial sounds of words. We have used healthy food choices as our stimuli and have honed in on the shape of our mouth and position of our tongues each time. We introduced the children to some new vocabulary, linked to the Italian theme; basil, parsley, grapefruit, rigatoni, arancini and citrus. In the body percussion phonics we practised our listening and attention skills by passing a rhythm around the circle.
On Thursday, we began an activity practising our name writing in a *'Print it, Paint it, Write it'* activity. Those children who have not yet had a chance will do this activity next week.

Mathematics

This week, the children have been working in consolidating their knowledge of the properties of a 2D shape. They have been creating 2D shapes from uncooked spaghetti and colouring the right 2D shape the right colour on the pizza. Each time, we discussed how many sides the shapes have.
Additionally, the children have experimented with measuring by trying to fill beakers carefully to the marked line. This has required a great deal of steadiness!
We have continued with recognising and counting numbers 1-10 by following a variety of pizza recipes; counting the right number of toppings onto velcro pizzas and playdough pizzas.

Understanding the World

Our cuisine of the week has been Italian food, so we have named and smelt a variety of different Italian herbs, citrus fruits and pasta varieties. Additionally, we have introduced the children to our floor world map. We looked at the shape of Italy and then all children had a go at pointing to it on the map.

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In Forest School, the children talked about the life cycle of plants, planting some bulbs for spring and some seeds to start growing herbs and vegetables in the classroom to plant in the spring.

Physical Development

In our fine motor activities, the children have been cutting cooked spaghetti hair, fresh herbs, twirling spaghetti, colouring 2D shapes on pizza, making playdough, designing their own patterned plate, threading their own pasta jewellery, threading beads onto spaghetti strands and building pasta structures.

Expressive Arts and Design

In art this week, the children used their fine motor skills to make an abstract art piece, which will form the basis of their 2026 calendar.
We also tried drawing our own versions of spaghetti, gelato and pizza both on the chalk board and computer.

Information/reminders:
If you have not yet, please can you log in to Magicbooking and make payment for the Hayrack Church Farm Trip, due to take place on Wednesday 10th December. If this is not your child's usual day, please email Mrs Budd and this can be added as an additional day to your Magicbooking account.

As we move to the colder months, this is a polite reminder that hats should be the Forest winter hats and gloves need to be black (mittens if they cannot put their fingered gloves on themselves!)

Our Kindergarten Nativity is fast approaching, please practise your child's lines at home and bring their costumes into school next week for our dress rehearsal later in the week.

Very best wishes, *Mrs Budd, Mrs Singer and Miss Naylor*